

Around Town DC Calendar

In-Person, Virtual, & Single-Occurrence Programs

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9:30 am - 10:15 am:</p> <p>Pilates Mat at Georgetown Library with Ayanna</p> <p>10:00 am - 11:00 am:</p> <p>Zumba Gold at Tenley-Friendship Library with Ruth</p> <p>10:30 am - 12:30 pm:</p> <p>Fine Arts Lesson at Cleveland Park Library with Dominique</p> <p>11:00 am - 12:00 pm:</p> <p>Chair Yoga at Georgetown Library with Beth</p> <p>12:00 pm – 1:00 pm</p> <p>VIRTUAL Gentle Yoga with Bara</p> <p>1:30 pm - 2:30 pm:</p> <p>Strength, Balance, and Core at Iona with Emma (FULL)</p> <p>4:00 pm – 5:00 pm</p> <p>VIRTUAL Monday Workshop with Courtney</p> <hr/> <p>June 2nd at 10 am – 11 am</p> <p>VIRTUAL Monthly <i>Digital Literacy and Device Support</i> with Delilah. Use this link to join.</p> <p>June 16th at 7 pm</p> <p>VIRTUAL Monthly <i>Movie Night</i> with Topher</p> <p>June 23rd at 4pm – 5pm</p> <p>VIRTUAL Monthly <i>Gratitude and Joy Circle</i></p> <p>June 30th at 10am</p> <p>VIRTUAL <i>Understanding the EPD Medicaid Waiver: Services, Eligibility, and How to Apply</i> with Robyn G. from L.C.E. Email community@iona.org to register.</p>	<p>9:45 am - 10:30 am:</p> <p>Pilates Mat at Georgetown Library with Ayanna</p> <p>11:00 am - 12:30 pm:</p> <p>“Mixed Media Approaches” at Georgetown Library with Samantha</p> <p>11:00 am – 12:00 pm</p> <p>VIRTUAL Zumba Gold with Ruth</p> <p>12:15 pm - 1:15 pm:</p> <p>Yoga for Balance on the Floor at Cleveland Park Library with Ayanna</p> <p>1:00 pm - 2:00 pm:</p> <p>Line Dance Lesson at Iona Senior Services with Karen</p> <p>1:00 pm - 2:00 pm:</p> <p>Sewing and Mending Café at Iona with Edie</p> <p>1:00 pm – 2:00 pm</p> <p>VIRTUAL Fine Arts Lesson with Dominique</p> <p>2:00 pm - 3:00 pm:</p> <p>Chair Yoga at Palisades Library with Beth</p> <p>4:00 pm - 5:00 pm:</p> <p>Device Support at Iona with Albert</p> <p>5:00 pm – 6:00 pm</p> <p>VIRTUAL Mystery Short Story Group</p> <hr/> <p>June 10th at 9:30 – 10:30am</p> <p><i>Morning Walk</i> with Liana, starting from Iona's Tenleytown office. Email community@iona.org to register.</p> <p>June 17th at 4 pm – 5 pm</p> <p>VIRTUAL Monthly <i>Music Appreciation</i> with Courtney</p>	<p>10:30 am - 11:30 am: (previously 10am – 11am)</p> <p>Stretch & Flex at Palisades Library with Ayanna</p> <p>10:00 am – 11:00 am:</p> <p>VIRTUAL Intermediate Yoga with Camille</p> <p>10:30 am - 11:30 am:</p> <p>Gentle Hatha Yoga at Tenley Library with Beth</p> <p>11:00 am – 12:00 pm:</p> <p>VIRTUAL Dance & Intermediate Yoga for Mind, Body & Spirit with Smita</p> <p>12:30 pm – 1:30 pm</p> <p>VIRTUAL African American Artists with Chichi</p> <p>1:00 pm - 2:00 pm:</p> <p>Senior Strength and Balance at West End Library with Ruth</p> <p>2:15 pm - 3:15 pm:</p> <p>Zumba Gold at West End Library with Ruth</p> <p>3:00 pm - 4:00 pm:</p> <p>Senior Sing-Along at Iona and Virtual with Deborah</p> <hr/> <p>June 25th at 11 am</p> <p>VIRTUAL <i>Tech with Tai: Making the Most of A.I.</i> Email community@iona.org to register.</p>	<p>10:00 am – 11:00am:</p> <p>Strength, Balance, and Core at Palisades Rec Center with Emma. Register with DPR here.</p> <p>10:00 am – 11:00 am:</p> <p>VIRTUAL Mindfulness Mediation with Kaili</p> <p>10:00 am – 11:00 am:</p> <p>VIRTUAL World Textiles with Samantha</p> <p>1:00 pm – 2:00 pm:</p> <p>VIRTUAL Meditation and Movement with Meg</p> <p>1:15 pm - 2:15 pm:</p> <p>Zumba Gold at SHAW Library with Ruth</p> <p>1:30 pm – 2:30 pm</p> <p>Tai Chi Chuan with Ed at Chevy Chase Community Center</p> <p>2:30 pm – 3:30 pm</p> <p>Here to Play at Palisades Library with Beth</p> <hr/> <p>June 12th at 2pm</p> <p>VIRTUAL “If You Own It, Know It” (for homeowners in DC) with Legal Counsel for the Elderly. Email community@iona.org to register.</p> <p>June 26th at 11 am</p> <p>VIRTUAL <i>Iona Insights – Social and Wellness Programs for People 60+ and Caregivers</i>. Email community@iona.org to register.</p>	<p>10:00 am - 11:00 am:</p> <p>Zumba Gold at Iona with Ruth (FULL)</p> <p>10:00 am – 11:00 am:</p> <p>VIRTUAL Gentle Yoga with Jennifer</p> <p>11:00 am - 12:00 pm:</p> <p>Intermediate Yoga at Cleveland Park Library with Camille</p> <p>11:00 am - 12:00 pm:</p> <p>Tai Chi at Palisades Library with Diane</p> <p>11:00 am - 12:00 pm:</p> <p>Chair Yoga at MLK Library with Beth</p> <p>1:30 pm - 2:30 pm:</p> <p>Strength, Balance, and Core at Iona with Emma</p> <p>2:00 pm – 3:00 pm:</p> <p>VIRTUAL Tai Chi with Joel</p> <p>3:00 pm - 4:00 pm:</p> <p>Tai Chi Chuan at Guy Mason Center with Ed</p> <hr/> <p>June 27th at 2pm</p> <p>VIRTUAL <i>Senior Medicare Patrol – How Medicare Works with Your Employer Coverage</i> with Legal Counsel for the Elderly. Email community@iona.org to register.</p> <p>June 27th at 5-7pm</p> <p>Summer Arts Exhibition Opening Reception: <i>Our Beautiful Stories</i>. Email community@iona.org to register.</p>

June Holiday Closures:

Around Town DC offices will be closed and programs will not occur on **Thursday, June 19th**, in observance of Juneteenth.

All **DC Public Library** classes will be cancelled **Friday, June 20th**, for a DCPL Staff Development Day.

Blue - Program at Iona Tenleytown. Red - Program VIRTUAL via Zoom. Black - Program at a DCPL. Green - Program at Rec. Center. Purple – Other.

*Calendar is subject to change.